

MMO COVID-19 Policies and Procedures

These are the new policies and procedures for Freedom Mom's Morning Out that are being set in place to ensure the safety of our children and our staff. Please read over the following policies and procedures to guarantee everyone's safety.

Teachers and Classroom Prep

Teachers will be cleaning and sanitizing their room before class and after class every day. This will include toys, tables, chairs, doorknobs and countertops.

Drop Off and Pick Up

Parents will walk up to the double doors outside. Parents will be asked to keep 10 feet between other families to reduce the number of people in the freedom kids hallway. Those waiting outside will keep distance and wait for their turn. Parents, children enrolled in MMO, and any other children with the parent will have their temperature taken upon entering the building. A staff member will check each child in and hand the parent the child's sticker along with the parent pick up sticker to reduce those touching the computers. Parents will be asked to drop their child off at the door, not entering the class, and promptly exit the building to make drop off run smooth.

Sickness

If a child is running a temperature of 100.4 or above they will have to stay home until they are 24 hours fever free **without medication**. Please keep your child home if they or **anyone in your household** are experiencing symptoms such as:

- Temperature of 100.4 degrees or higher within the last 24 hours **(Must be fever free for full 24 hours without the use of Tylenol or Motrin)**
- Diarrhea and/or Vomiting within the last 24 hours
- Severe cough
- Severe cold, especially with greenish/yellow nasal drainage
- Undetermined rash **(requires Dr. note indicating it is not contagious in order to return to school.**
- Sore Throat and/or difficulty swallowing. **(Must be on antibiotics 24 hours before returning to school with Strep Throat)**
- Red, watery, burning, itching eyes, or yellowish drainage. **(Pink eye must be treated for 24 hours before returning to school)**

Contact with Children

Children may have additional feelings of anxiety, along with all the normal feelings and emotions children feel while in our care. We will not stop caring and providing the highest quality of emotional care during this time. If a child is upset teachers will make sure they are comforting and nurturing. For our children who are old enough to understand that things are different, teachers will reassure them and provide expectations to help protect them from germs. Teach your children what social distancing looks like for them. This means that to make sure we don't give our friends our germs, we will not be holding hands, hugging, high-fiving, or touching if unnecessary while we are at school. Teachers will also be introducing additional protocols outlined in this document and will communicate these expectations with the children in their class. Teachers will also find new and creative ways to ensure that children can still engage socially with each other.

In addition, teachers will be extra cautious. If a child is crying or has a runny nose and any fluids come in contact with the teacher, they will wash their hands and use hand sanitizer for themselves as well as the child. Teachers will pack additional tops/jackets/sweaters to ensure that if a child in their care gets any bodily fluids on their clothes, they will change to limit the transmission of germs.

Diapering

Follow safe diaper changing procedures.

Steps include:

- Wash child's hands
- Wash your hands
- Put on gloves
- Clean the child
- Remove trash (soiled diaper and wipes)
- Replace diaper
- Wash child's hands
- Wash your hands
- Spray area with Lysol

*Repeat process from beginning for additional children (gloves should not be worn twice)

After diapering, teachers will wash their hands (even though they were wearing gloves) and disinfect the diapering area with a fragrance-free Lysol that is EPA-registered as a sanitizing or disinfecting solution.

*** During this time we will not be allowing cloth diapers in our facility to reduce the amount of exposure to bodily fluids.

Bathroom Breaks

Every classroom will have a bathroom break every hour, where each child will try to use the restroom and wash their hands. After classes use the restroom, the toilets, doors, counters, sink (everything anyone came into contact with), will be cleaned and a sign that says “clean environment ready for use” will be placed on the bathroom door.

Snack and Lunchtime

Before the children sit at the table, the table will be wiped down with disinfectant and the children will wash their hands. If teachers do not have a sink in their room, they will plan bathroom breaks so children can wash their hands before snack and lunchtime. After washing their hands, before handing out any food or drinks, the teacher will put on gloves. After eating, the table will be wiped down again with disinfectant. Children will wash their hands after lunch as well.

Communicating COVID-19 with Children

It is very important to practice healthy habits and teach children everyday actions to prevent the spread of germs. Remain calm and reassuring while having conversations with your children and with others. We want to instill healthy habits in our children, such as:

- Cough or sneeze into a tissue or your elbow. If you sneeze or cough into a tissue, throw it in the trash right away and then wash your hands.
- Keep your hands out of your mouth, nose, and eyes. This will help keep germs out of your body.
- Wash your hands with soap and water for at least 20 seconds. Follow these five steps—wet, lather (make bubbles), scrub (rub together), rinse and dry. You can sing the “Happy Birthday” song twice.

- Teaching our children “personal space” and to refrain from hugging, high fives, etc.
- Keep things clean. Older children can help adults at home and school clean the things we touch the most, like desks, doorknobs, light switches, and remote controls.
- If you feel sick, stay home. Just like you don’t want to get other people’s germs in your body, other people don’t want to get your germs either.